



# Joint Programming Healthy Diet for a Healthy Life JPI

Leave medicines in the chemist's pot if you can cure your patients with food (*Hippocrates*)

Ioana Ispas  
Nastasia Belc/ Florin Soptica



Initiativa de Programare Comuna “A Healthy Diet for a Healthy Life”  
si-a impus o viziune ambitioasa:

**“Pana in 2030 toti cetatenii europeni sa aiba motivatia, abilitatea si oportunitatea de a avea o dieta sanatoasa formata dintr-o varietate de alimente dar si o ativitate fizica astfel incat incidenta bolilor cronice netransmisibile sa scada semnificativ.”**



## Obiectivele JPI HDHL sunt:

- Coordonarea cercetarii europene si reducerea duplicarii eforturilor;
- Promovarea excelentei stiintifice prin activitati cu finantare comuna in vederea minimizarii fragmentarii activitatilor de cercetare si utilizarea mai eficienta a resurselor publice si imbunatatirea efectiva a transparentei programelor de cercetare publica;
- Imbunatatirea colaborarii intre state, facilitarea utilizarii datelor la nivel european si colectarea datelor intr-un mod standardizat;
- Schimbul de experienta , crearea de masa critica, mobilitate intre tari atat pentru activitatea de cercetare cat si de pregatire profesionala, imbunatatirea diseminarii si traslatarii rezultatelor cercetarii in sanatatea publica si in politici;
- Cresterea impactului stiintific/ tehnologic/ inovator al investitiei publice in cercetare.



## Partner Countries

- Austria
- Germany
- Slovakia
- Belgium
- Ireland
- Spain
- Cyprus
- Italy
- Sweden
- Czech Republic
- The Netherlands
- Switzerland
- Denmark
- Norway
- The United Kingdom
- Finland
- Poland
- Latvia
- France
- Romania
- Slovenia
- Turkey



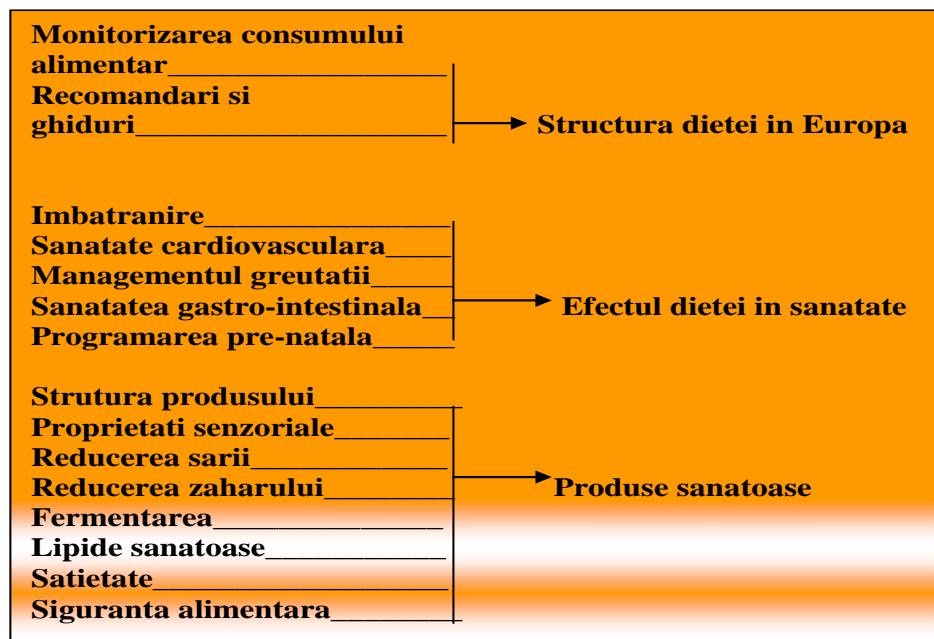


## Documentul viziune

*“Lasa medicamentele in pocalul chimistului daca poti sa vindeci pacientii cu alimente”*

Hippocrates

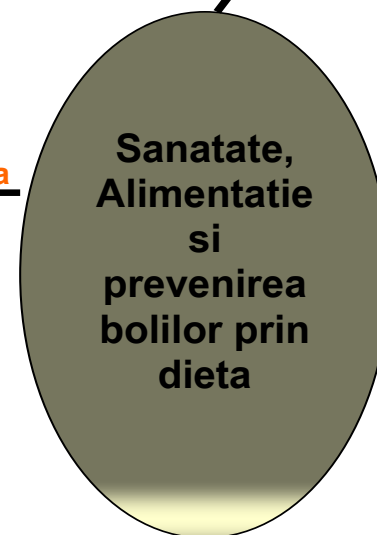
1. Inegalitatea socioeconomica a sanatatii
2. Comportamentul alimentar
3. Interventii efective in sanatatea publica
4. Activitatea fizica
5. Functia creierului in relatie cu alegerea alimentelor
6. Educarea si informarea privind nutritia



Stil de viata

Dieta

Boli cronice



- I. Obezitate
- II. Sindromul metabolic
  1. Boli coronariene
  2. Diabet tip II
  3. Lipidemie
- III. Boli autoimune
  1. Alergii
  2. Boala celiaca
  3. Diabet tip I
  4. Boli inflamatorii  
Boala Crohn  
Colita ulcerativa  
Altele
- IV. Cancere legate de nutritie



In Agenda Strategica de Cercetare sunt descrise 3 mari directii de cercetare:

**Determinanti ai dietei si activitatii fizice** – asigurarea de alegeri sanatoase

**Dieta si productia alimentara** – dezvoltarea de alimente sigure, sanatoase, de calitate si sustenabile.

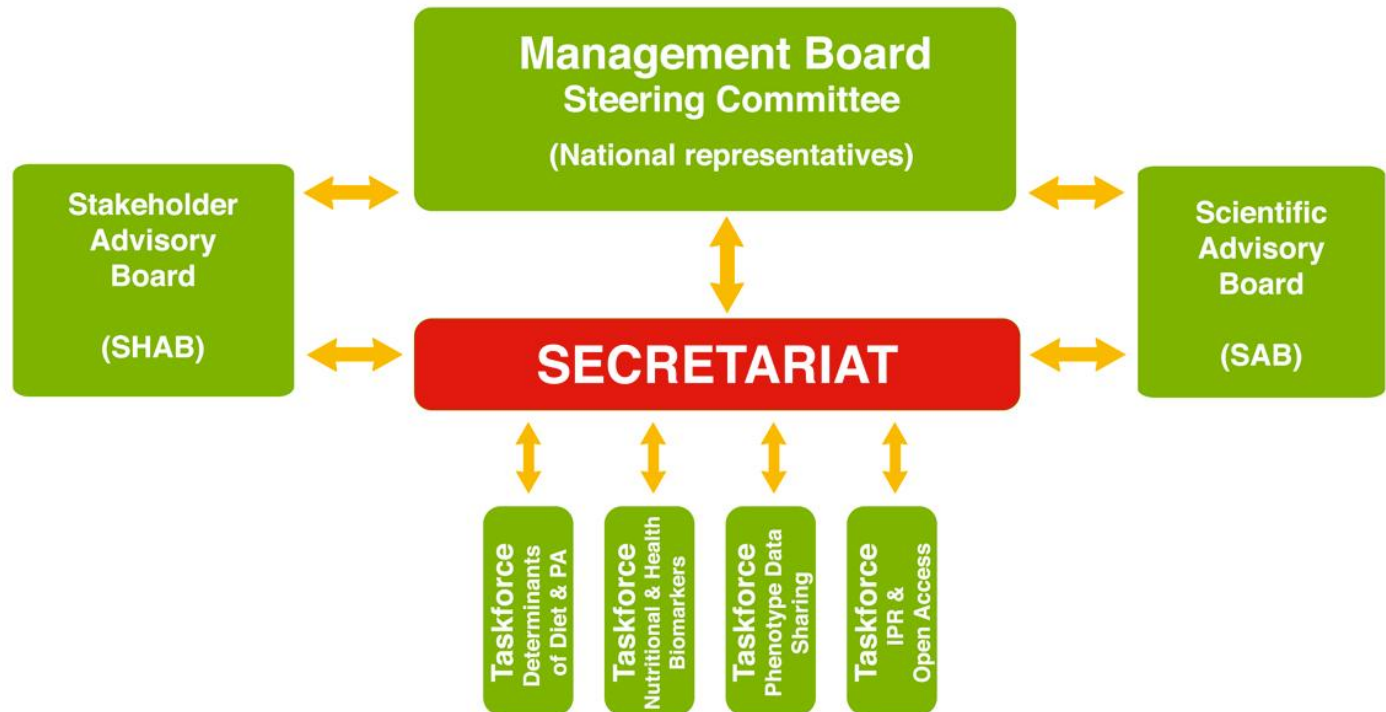
**Boli cronice legate de dieta:** prevenirea bolilor cronice si cresterea calitatii vietii.





# Structura HDHL JPI

- Stakeholder Advisory Board
- Management Board
- Scientific Advisory Board
- Secretariat







## Joint Actions

1. Determinants of Diet and Physical Activities Choice – DEDIPAC
  2. European Nutritional Phenotype Assessment and Data Sharing Initiative – ENPADASI
  3. Biomarkers in Nutrition and Health – BioNH
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1. Effectiveness of existing policies for lifestyle interventions
  2. Intestinal microbiomics
  3. Food models and food processing
  4. Nutrition and cognitive function
  5. Identification, prevention and treatment of malnutrition